

HEALTH SERVICES AND TOURISM BRASOV - ROMANIA



DENTISTRY - IMPLANTOLOGY



CARDIOLOGY INTERNAL MEDICINE



PHYSIOTHERAPY – KINESIOTHERAPY – RECOVERY



AESTHETIC DERMATOLOGY

COMING SOON

- FREE ACCOMODATION DURING THERAPIES
- FREE TRANSPORT TO AND FROM THE AIRPORT
- FREE TRANSPORT BETWEEN CLINICS

The complex context of a patient's transportation in a different place than his hometown in order to benefit of medical therapy is nowadays known as medical tourism. We use to say complex context because in order to transform this into a successful experience, all medical services that a patient is looking for must be provided to him in a proper manner. By saying 'related' services we refer to transport, accommodation, meals and the possibility of making a program for visiting touristic attractions, as far as time permits.

Come to **Brasov**, one of the most beautiful cities of Romania, a place of legend and history, situated in the center of Romania, 2 hours away from Bucharest, the capital of the country. Within this wonderful surrounding we have 2 private clinics for **dentistry - implantology - cardiology - internal medicine and physiotherapy - kinetic therapy - recovery - aesthetic dermatology**, where we are offering you possibilities for treatment at the highest standards, with latest generation equipment, at prices few times lower than the rest of the European countries.



DENTISTRY

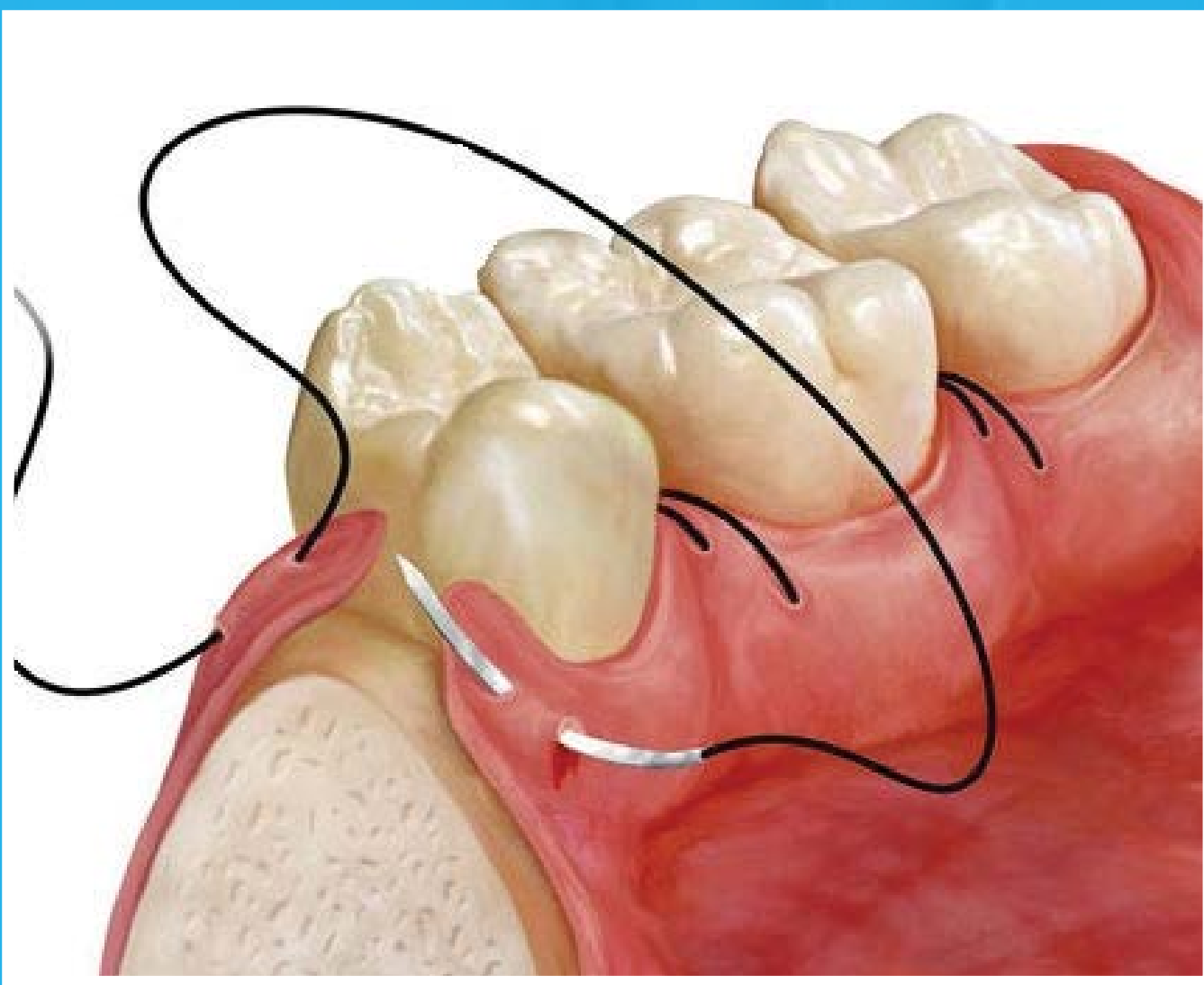
For your perfect smile, our clinic provides last generation equipment, taking advantage of modern techniques of imaging, diagnosis and dental therapy.



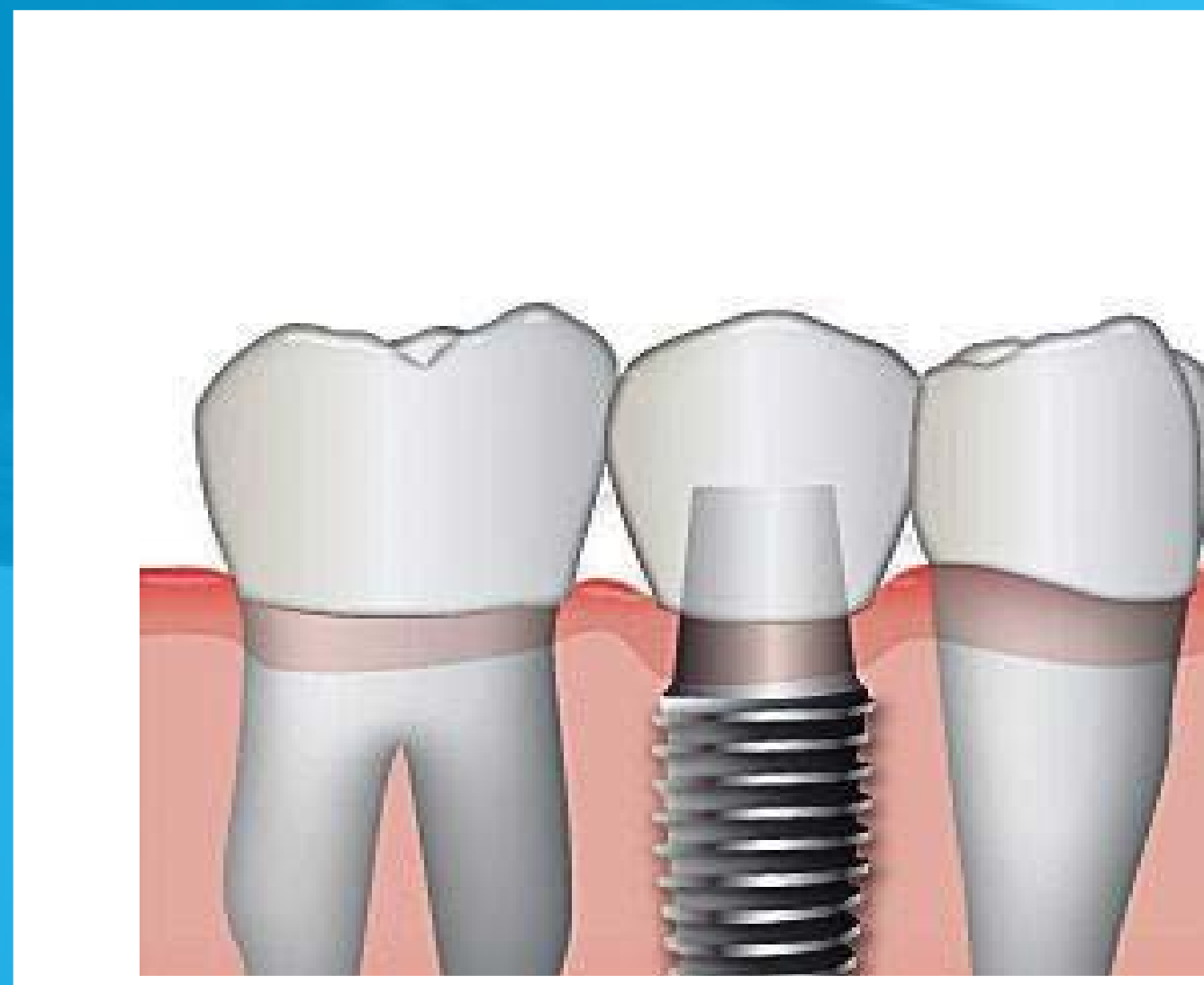
We are a young and experienced team of physicians and nurses, within a continuous professional ascension, specialized for various fields of Dentistry.

The services provided by our clinic cover all dental area. Here is a short presentation of our specialties and prices:

Surgery



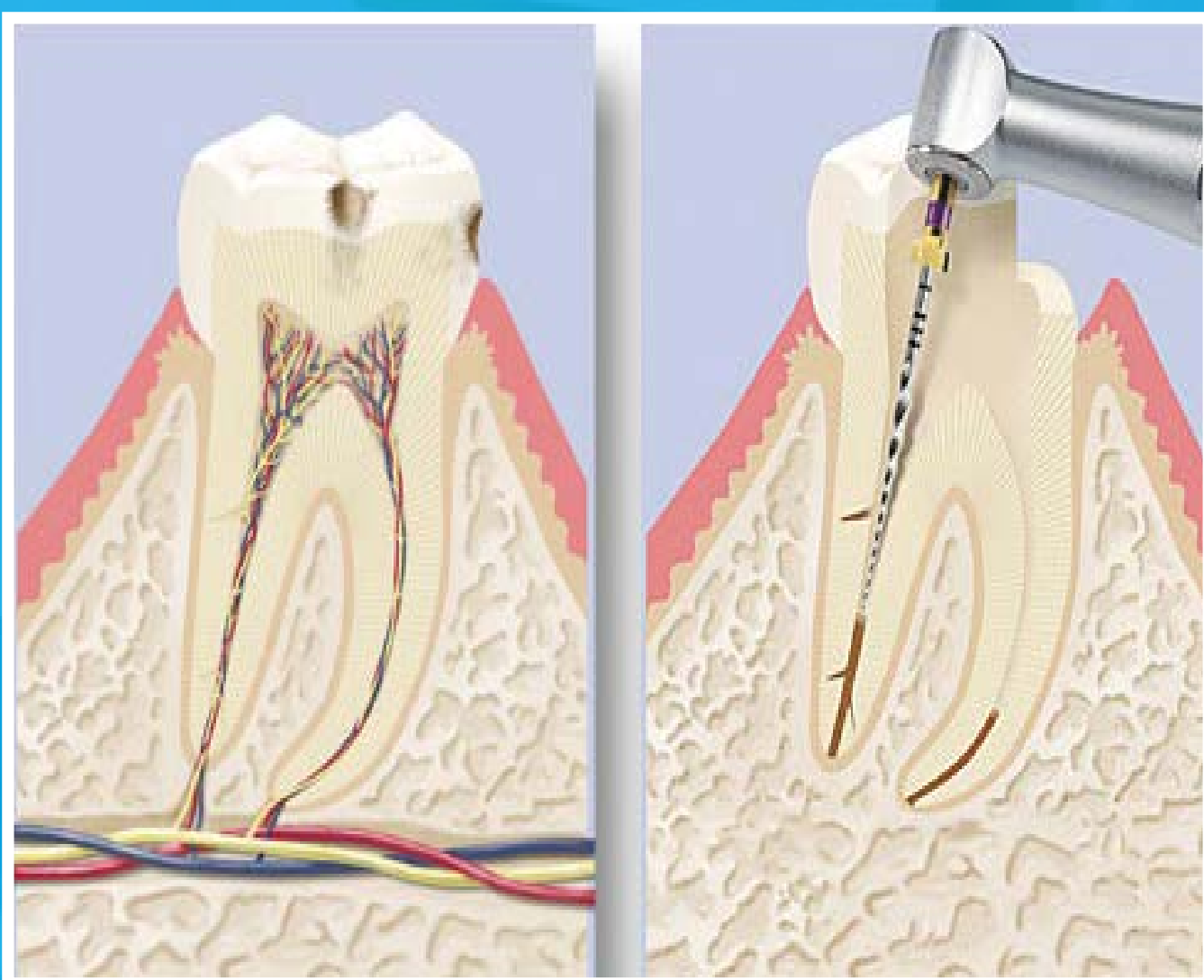
Implantology



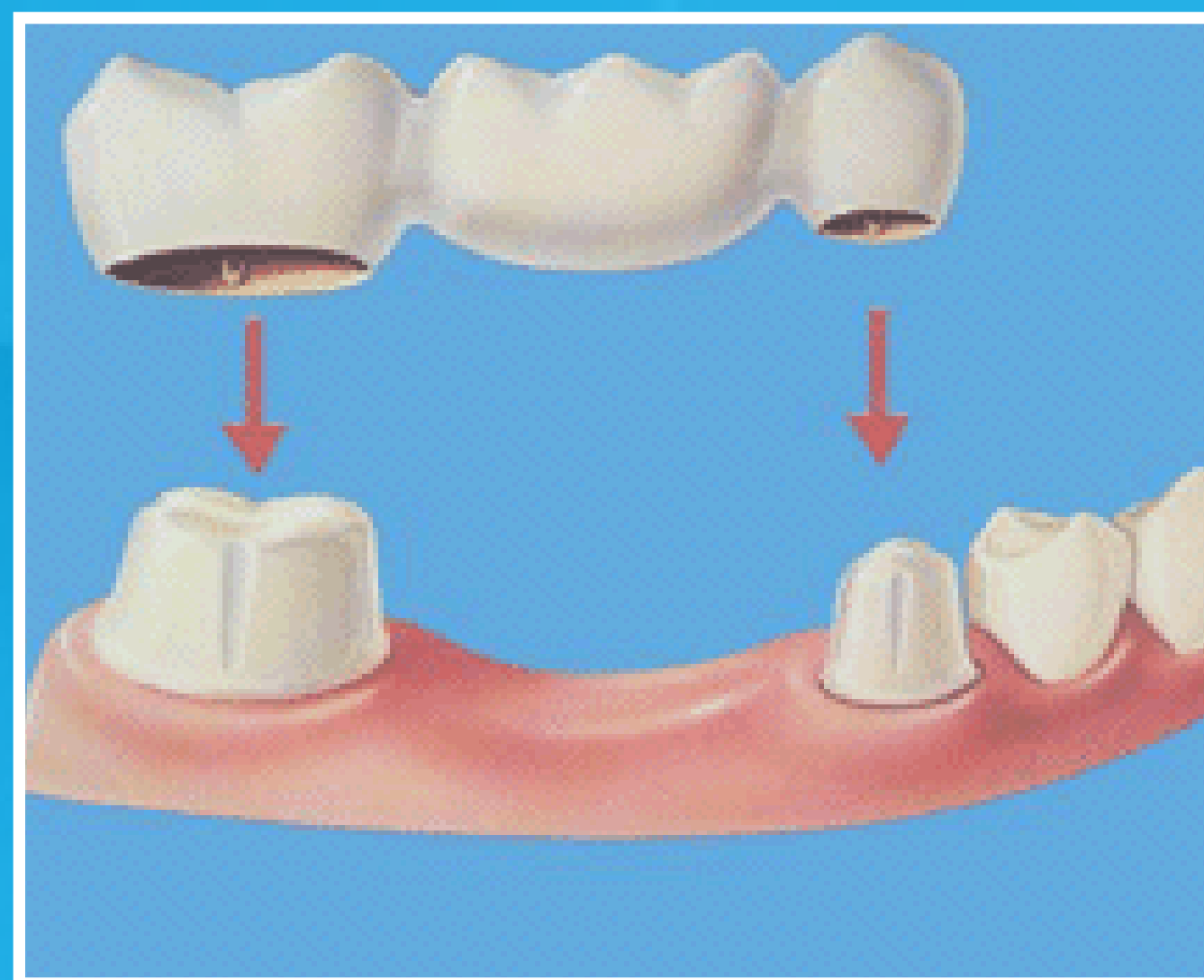
Periodontology



Endodontics



Dental prosthesis



Orthodontics



Prevention



Dental aesthetics



The cure is personalized depending on every patient's needs and covers labour costs for all the specialties above mentioned.
We are waiting for you!

CARDIOLOGY INTERNAL MEDICINE

At Clinic Valpetmed the specialised doctors are doing their best to solve your problems and to offer you quality medical services in the specialities cardiology and internal medicine.

You may benefit of the following services:

- Cardiac ecography
- General ecography
- EKG
- Oscilometry
- Spirometry
- EKG holter
- Blood pressure Holter
- Standardised tests of effort
- Bilateral venous Doppler
- Arterial bilateral Doppler



ESTHETICAL DERMATOLOGY

Due to the acceleration of the natural rhythm of ageing, the esthetical dermatology presntly days become indispensable.

Within our clinic you may benefit of the following speciality services:

- Medical consultations
- Dermoscopy
- Dermato- cosmetics:
 - Injections with botulin toxin to erase the cutaneous wrinkles
 - Injections with hyaluronic acid (medium and profound) to fill the wrinkles and recovery of the face volume
 - Plasmolifting PRP
 - Mesotherapy
 - Chemical/ enzymatic peeling
- Exam lamp WOOD



PHYSIOTHERAPY – KINESIOTHERAPY – RECOVERY

The personnel of the clinic consists of balneo physiotherapists (SPA Therapy), specialized physicians for internal medicine, kinesiotherapists, nurses and masseuses.

Patient is consulted, diagnosed and supervised during the entire medical procedure.

The medical equipment from our clinic is new, with the highest quality standards and our personnel is highly professional qualified, so that your recovery stay transforms into a pleasant and efficient experience.



Detailed above you will find a brief overview of therapies and procedures that you can take advantage of within our clinic.

PHYSIOTHERAPY

Physiotherapy is a health-care branch dealing with methods of curing diseases, using physical agents such as electricity, magnetic field, sound and temperature.

Physio Therapy's benefits are: relieve pains, recovery, improving and keeping muscular tone.

ELECTROTHERAPY

has analgesic effect, anti edematous, muscle relaxant, blood flow regulator, repair bone and cartilage tissues.



ULTRA SOUNDS

have analgesic effect, muscle relaxant, vessel dilator and is successfully used in the medical recovery, sporty and rheumatism.



LASER THERAPY

has anti inflammatory effect, analgesic, muscle relaxant, anti edematous.



MAGNETO DIA FLUX

has anti inflammatory articular and periarticular effect, sedative effect, muscle relaxing effect.



PARAFFIN

Paraffin is packed in different sizes bags, heated in the oven and after that applied on the damaged areas.



SHORT WAVES THERAPY



VACUUM THERAPY

unblocks blood and lymphatic flow, resulting the oxygenation of blocked cellulose tissues. Toxic metabolites' draining is accelerated in a lymphatic and capillary way leading both to body fat removal and skin toning.



ELECTRO VACUUM THERAPY

Mixed therapy between electro and vacuum therapy.



LYMPHATIC DRAINAGE

Strengthening the immune system thanks to stimulating the lymph nodes, boosting lymph circulation within inter-cellular spaces and accelerate the lymphatic flow and fast discharge of toxic residuum.



GALVANIC BATH THERAPY

the galvanic bath is indicated for: spondylosis, neuralgia, poly-neuritis, non paralytic poliomyelitis, conditions for rising or decreasing afferent and efferent nerves' irritability.



VED VALPETMED

NEW

TECARTERAPIA

TECAR therapy (Capacitive Resistive Diathermy) is a non – invasive procedure for the muscular rehabilitation of tendons and for osteoarticular pathologies. This equipment generates an electromagnetic energy, a biocompatible energy which is focused on tissues.

This energy generates various effects:

- Mechanical: movement of fluids in tissues.
- Chemical: biological, by balancing the enzyme insufficiency and accelerating the metabolism of injured cells.
- Thermal: the generated currents thave a Joule effect, inducing a deep homogenous endothermy.

The equipment uses two different methods of electrodes treatment: resistive and capacitive.



PRP TECHNOLOGY



Plasmolifting is a natural method to maintain and model the products of regenerating the tissues.

Its action bases on the regenerating effect of the thrombocytar plasma that is injected in the damaged areas.

Within a few minutes, by a simple procedure of taking- centrifugation of patient's blood, a plasma is obtained with a quantity of thrombocytes up to 9 times higher than the normal value. Practically PRP is injected in the affected area to stimulate and increase the healing process.

PRP IN ORTHOPAEDIC- RHEUMATOLOGY- RECOVERY:

- in the lesions of the soft parties and cartilage lesions
- degenerative- tendinosis lesions
- all stages of arthrosis
- rotulian tendinitis
- achilles tendinitis
- lateral epicondylitis

PRP IN DERMATOLOGY

The plasma reach in thrombocytes include increasing and healing factors that stimulates the collagen and stem cells production.

In accordance with the way it is prepared and introduced into the skin, the plasma with growing factors may have a regeneration and revitalisation effect, or of natural filler, offering volume, stimulating the collagen production.

Indicated for:

- skin rejuvenation that has aged
- revitalisation of the dehydrated skin, lacking tonus and elasticity
- vergetures therapy
- acceleration of the skin regeneration process after peeling or laser



KINESIOTHERAPY

Kinesiotherapy is a field of medicine dealing with movement therapy. The Cure is a set of exercises adapted to every patient's condition, aiming to obtain the medical recovery.

Aims of this type of therapy are:

I. Spine diseases:

- discopathy
- spondylosis
- scoliosis, cifosis, lordosis
- spondiylitis
- post trauma and post surgery pains



II. Articulations diseases of different parts of the body:

- rheumatism including coxarthrosis, gonarthrosis
- post surgery, post trauma (cricks, luxation, fractures, hip and knee prosthesis, meniscus injuries, post surgery LIA)
- after continuous immobilization
- periarticular pains including bursitis, tendinitis, periarthritits

III. Neurological injuries leading to movement deficiencies:

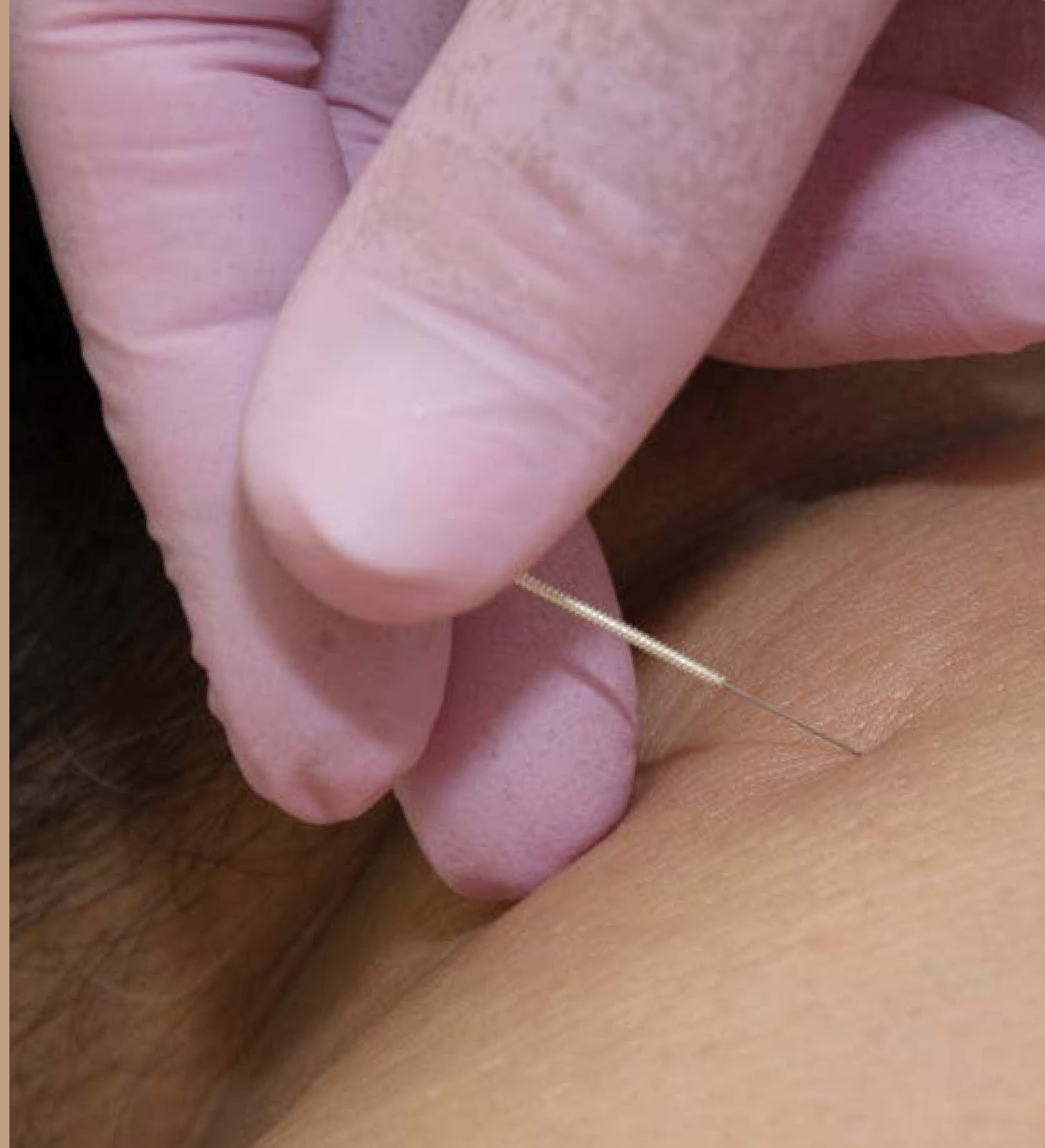
- hemiparesis after vascular cerebral accidents, paraparesis, tetraparesis
- paresis of periferic nerves from several causes (sciatic nerve, cubital nerve)



Customized recovery plan is carried out by a kinesiotherapist under the surveillance of the treating physician. The exercise program is adapted to age, physical condition and patient's disease. Thanks to these special methods you will regain your mobility and confidence of your own abilities.

ACUPUNCTURE

Acupuncture is an old treatment method, for over 5000 years and occupies a special place within the traditional medicine. The acupuncture therapy has its origins in the Chinese traditional medicine. In the philosophic Chinese religion is considered that the human body has several energetic centers and that by activating them some diseases can be cured.



According to Chinese medicine's principles, diseases are consequences of energetic blocking.

At Valpet Med, experienced physicians are successfully completing acupuncture sessions. They recommend a different procedure of inserting needles, as well as a different time of keeping them depending on patient's disease.

Our cabinet is respecting the hygiene norms, so our patient is totally safe. Needles are sterilized after every use or are single use. Acupuncture sessions take place inside the acupuncture room, specially designed for intimacy and a relaxing atmosphere.



THERAPEUTICAL AND RELAXATION MASSAGE

Medical massage is a therapeutic method that includes a set of manual or mechanical movements/ maneuvers applied on some soft parts of the body (skin, hypodermic cellular tissue, muscles, lymphatic vessels, internal organs).

Massage comes to complete the other therapies for the relief of various diseases.



Massage is part of medical recovery procedures, having multiple beneficial effects on the body:

- improves blood circulation and nutritional exchanges
- waste tissue repair
- increases muscles' flexibility
- pain relief
- clears toxic substances from your body
- tones up your muscles
- removes muscles' fatigue
- fights stress and insomnia
- improves headaches
- diminishes anxiety
- removes depression and negative moods
- corrects posture and body alignment
- coordination and balance reeducation



ACCOMMODATION

Patients' accommodation is offered within the clinic, on the superior level.

For the moment we offer 7 accommodation places within 2 double rooms and one apartment, large, newly decorated and furnished.

Accommodation spaces are equipped with air conditioning, TV, Internet, fridge.

In the near future we have in plan to increase the accommodation capacity.







BOARD

Our patient can choose to eat from the restaurants nearby, few hundred meters away from the clinic.

Our recommendations:

Ramada

www.ramadabrasov.ro

or

Hanul Domnesc

www.hanuldomnesc.ro



TRANSPORT

The transport of our clients from the International Airport Bucharest to Brasov and way back will be ensured at the end of the dental - cardiology - internal medicine treatment or physio therapeutic - kinetic-recovery - dermato aesthetic treatment .

It will also be ensured the transport between clinics, 10 minutes away, by car.



PRICE LIST

DENTISTRY

The exact price can only be established after the clinical and radiological consultation of the patient.

Please see below prices for most important and expensive procedures so you can have an idea about them.

Alpha Bio dental implant + metal-ceramic crown on implant	500 EUR
Dental implant Bredent + metal-ceramic crown on implant	800 EUR
Zirconium Implant+ Ceramic crown on Zirconium on zirconium implant	1550 EUR
Metal-ceramic crown	150 EUR
Ceramic crown on zirconium	315 EUR
Endodontic cure pluriradicular tooth	200 EUR
Skeletal prosthesis	760 EUR
Laser cleaning periodontal pockets on both arches- complete cure of 5-8 sessions	1000 EUR
Laser whitening	350 EUR
PRP (PLATELET RICH PLASMA) / Session / Arch	70 euro

PHYSIO THERAPY – KINESIOTHERAPY – RECOVERY

After consultation, the patient is recommended by the physicians a set of therapies and procedures, suitable for his condition.

We recommend a series of 7 such packs, from the simplest to the most complex one.

Pack: one session of each procedure, everyday for 10 days: Electro vacuum therapy, Ultra sounds, Shortwaves therapy, Magnetodyaflux, Parafina, Laser therapy, Lymphatic drainage, Galvanic bath/ 4 cells, Tecar therapy, Acupuncture	700 EUR/per 10 days
Kinesiotherapy	25 EUR/ 1hour session
Therapeutic Massage	25 EUR/ 50 minutes
Relaxation Massage	20 EUR/ 60minutes
Reflexology	20 EUR/ 45 minutes
Acupuncture	15 EUR/session
Articular Infiltration PRP (PLATELET RICH PLASMA)	35 EUR / per infiltration
TECAR therapy	30 EUR/session

Accommodation / Transport / Airport- destination way back / Between clinics	FREE
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Board not included in the price and will be covered by the client

INTERNAL MEDICINE

Consultation + EKG + abdominal ecography + photography	50 euro
Oscilometry	20 euro
Spirometry	20 euro

CARDIOLOGY

Consultation + EKG + cardiac ecography	60 euro
Effort Test	40 euro
Holter EKG	40 euro
Holter blood pressure	40 euro
Bilateral venous Doppler	35 euro
Bilateral arterial Doppler	35 euro

DERMATO

Consultation	30 euro
Botox - ampoule 1.25 ml	300 euro
Acid hyaluronic - ampoule for medium and superficial wrinkles	300 euro
Acid hyaluronic - ampoule for profound wrinkles+ increasing cheekbones	350 euro
Plasmolifting PRP / 2 bottles/ session	180 euro
Mesotherapy / session	200 euro
Chemical/ enzymatic peeling / session	50 euro

An actual example

A patient can choose from the following options:

- to undergo dental treatment
- to undergo physiotherapies – kinesiotherapies – recovery
- to follow dermatological treatments
- to make cardiac and internal medicine evaluation-consultation
- or all variants together

We will keep in touch by phone and the patient will be awaited at the airport, brought to destination and accommodated. Depending on the arrival hour, he will be consulted at the **dental - cardiology - internal medicine clinic** or **physiotherapy - kinetic therapy - recovery - aesthetic dermatology**, depending on the cures, on the same day or on the next day morning. Only then it will be known the exact period, the patient will have to remain within our clinic.

Basically, for physiotherapies – kinesiotherapies – recovery cures to be efficient they must last for minimum 10 days and may be extended to 14.

For dentistry, cure's duration may vary depending on the therapeutic needs of the patient. Usually, the majority finishes cures within 14 working days.

The cardiological and internal medicine examination plus collateral examinations last 1-4 days.

Dermatological treatments, as the case may be last between 1-14 days.

Then, patient will be presented alternatives for having meals, and in case he would like, he will talk to one of the representatives of the tour operator, in order to draw up a program for visiting the main tourist attractions, in case the spare time left will permit this.



TOURISM

Because we wish you an unforgettable experience, we pay attention to all aspects of our cooperation.

This is why, beneath your therapeutic experience, we are thinking about offering you the chance of visiting various touristic attractions, internationally known, such as: Peles Castle, Bran Castle, Poiana Brasov.

The structure of leisure activities will be discussed by you with the representative of the tour operator, immediately after your medical consultation, so that you know exactly how much spare time you will have.





We hope our offer has caught your attention and we are waiting you to offer high class **dentistry - implantology - cardiology - internal medicine and physio therapy - kinetic therapy - recovery - aesthetic dermatology**, combined with an unforgettable touristic experience.





Thank you!
For further details and booking:

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 **VALPET MED**
www.valpetmed.ro